

iTRAVEL FOR CULTURE

Las Terrenas Cultural Guide

Context, etiquette, food, language, and practical preparation for Samaná.

*People before places. Stories before souvenirs.
Perspective before performance.*

itravelforculture.com

Welcome to Las Terrenas and the Samaná Peninsula

This guide helps you arrive with context. Las Terrenas is a coastal community shaped by Dominican life, international influences, tourism, fishing traditions, food, family, and everyday rhythms that extend far beyond the beach.

How to Approach the Journey

- Slow down and observe before photographing.
- Greet people and ask before taking close-up images.
- Expect plans and timing to feel different from home.
- Support local businesses and listen to local perspectives.
- Remember that the destination is a living community, not a set.

Food

Expect a mix of Dominican staples, seafood, local cafés, international influences, and casual roadside or neighborhood meals. The trip includes selected meals, but travelers should budget for additional food and remain flexible about restaurant timing and availability.

Language

Spanish is the primary language. A few respectful phrases go a long way:

English	Spanish
Hello / Good morning	Hola / Buenos días
Please / Thank you	Por favor / Gracias
Excuse me	Disculpe
How much is it?	¿Cuánto cuesta?
May I take a photo?	¿Puedo tomar una foto?

Money and Purchases

- Carry more than one payment method.
- Keep a small amount of cash for local purchases and tips.
- Ask before assuming cards are accepted.
- Keep valuables secure and use ordinary travel awareness.

Transportation and Movement

Transportation conditions vary. Expect vans, walking, taxis, and informal local movement depending on the itinerary. Arrival transfers depend on the trip and arrival timing; they are not automatically included.

Weather and Packing

Plan for tropical warmth, sun, possible rain, and coastal conditions. Pack lightweight clothing, sun protection, a rain layer, comfortable walking shoes, sandals, and water shoes.

The Alma Film Festival

Select programming may be part of the journey depending on the finalized festival schedule. Exact screenings, performances, conversations, and access are confirmed closer to departure and may change.

What to Expect from iTravel

A mix of curated cultural experiences and personal time. The itinerary will not feel like a traditional escorted tour, and a guide will not be with you every hour. Flexibility is part of the experience.

Remember

The goal is not only to see Las Terrenas. It is to understand more of the people, stories, and cultural layers that make the place what it is.